

A Nursing perspective of Renal Transplant Recovery Redesign: Lessons Learnt



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Introduction

- Sheffield Kidney Institute is a regional speciality unit serving the patients of South Yorkshire
- South Yorkshires population is 1.1 million
- Current transplant programme includes deceased and live donor transplantation
- Initial Enhanced Recovery project focused on the live donor group
- Average length of stay before Enhanced Recovery was 10.2 days

Developing the Concept of Enhanced Recovery in Renal Transplantation

Aims

- To improve patients length of stay
- To enhance patient experience and outcomes
- To meet P&E targets

Implementation

- MDT meetings to plan the way forward
- Early staff engagement to understand the concept
- Process mapping, road shows
- Feedback from service users

Education Re-design

Aim

- The right education at the right time

Patient Education

- Transplant school
- Re-design of patient information into a personal planner
- Daily education goals peri operatively
- Collaboration between patient and nurse to sign off education goals

Staff Education

- Updating the nursing care pathway to integrate education
- Education guidance tools for nurses

Nurses Feedback on the Enhanced Recovery Project



Staff questionnaire: Education

- 87.5% of staff aware of the project
- 62.5% staff felt there was an improvement in patient education
- 50% of staff felt increased understanding of their role as educator in post op recovery

The Challenges

- Maintaining communication with the MDT
- Ensuring protocols are agreed with all stakeholders
- Keeping the team motivated
- Adhering to time scales

Where are we now?

- Standardising patients expectations
- Cohesive, complete patient pathway
- Improved staff education and support
- Reduction in length of stay
- Work in progress

Thank you