

Abstract 11019

Good Preoperative Preparation Improves Patient Experience Outcomes within an Enhanced Recovery Programme



Introduction

- DGH ~ 700 acute beds
- Current ERP cohort includes Orthopaedics, Urology, Colorectal and Gynaecology with development into Breast, UGI and Elective C-Section.
- Introducing carbohydrate loading and principles of programme into emergency surgery *e.g. # neck of femur, emergency colorectal surgery*

Colorectal Enhanced Recovery Information Group

- Commenced Sept 2009
- All elective patients invited at Pre-op assessment to attend
- Weekly for 1 hour (max 10) approx 1-3 weeks prior to surgery
- Ward led service
- Input from Physio, OT and Pain Team (separate stoma visit)
- Covers principles of Enhanced Recovery

Study, Sample and Methodology

- Assess patient satisfaction with Colorectal Enhanced Recovery Information Group and establish usefulness of group from patients perspective
- All colorectal patients who attended the Enhanced Recovery Information Group during a one year period from Jan 2010
- Questionnaire posted to home address
- Pre paid return envelope included

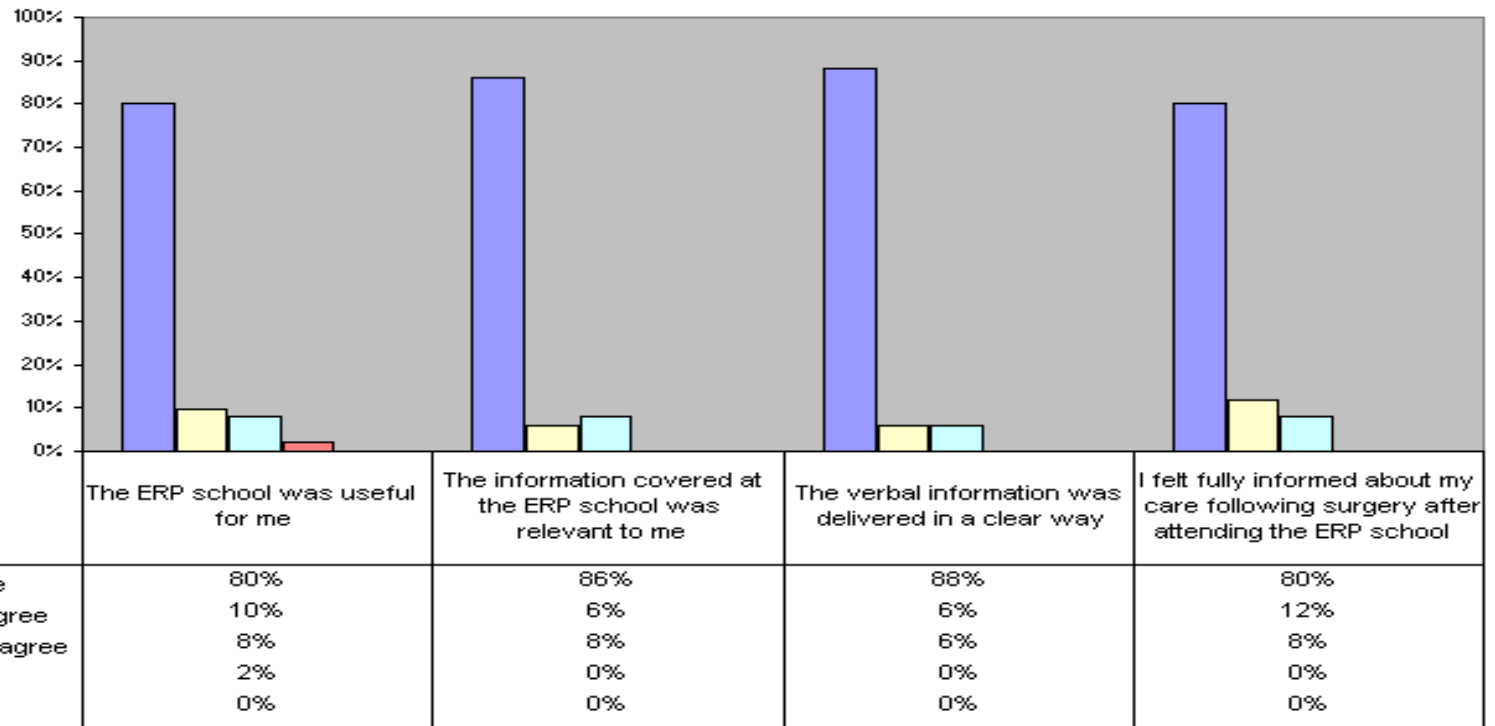
Questionnaire

	Strongly agree	Agree	Neither agree or disagree	Disagree	Strongly disagree
ERP school was useful to me					
The information covered in ERP school was relevant to me					
The information was delivered in a clear understandable way					
I felt fully informed about my care following the school					
My family/friend felt fully informed about my care following the school					
The written information given at the school was appropriate and easy to read					
ERP school had a positive impact on my hospital stay					
I did not mind attending the school					

Results

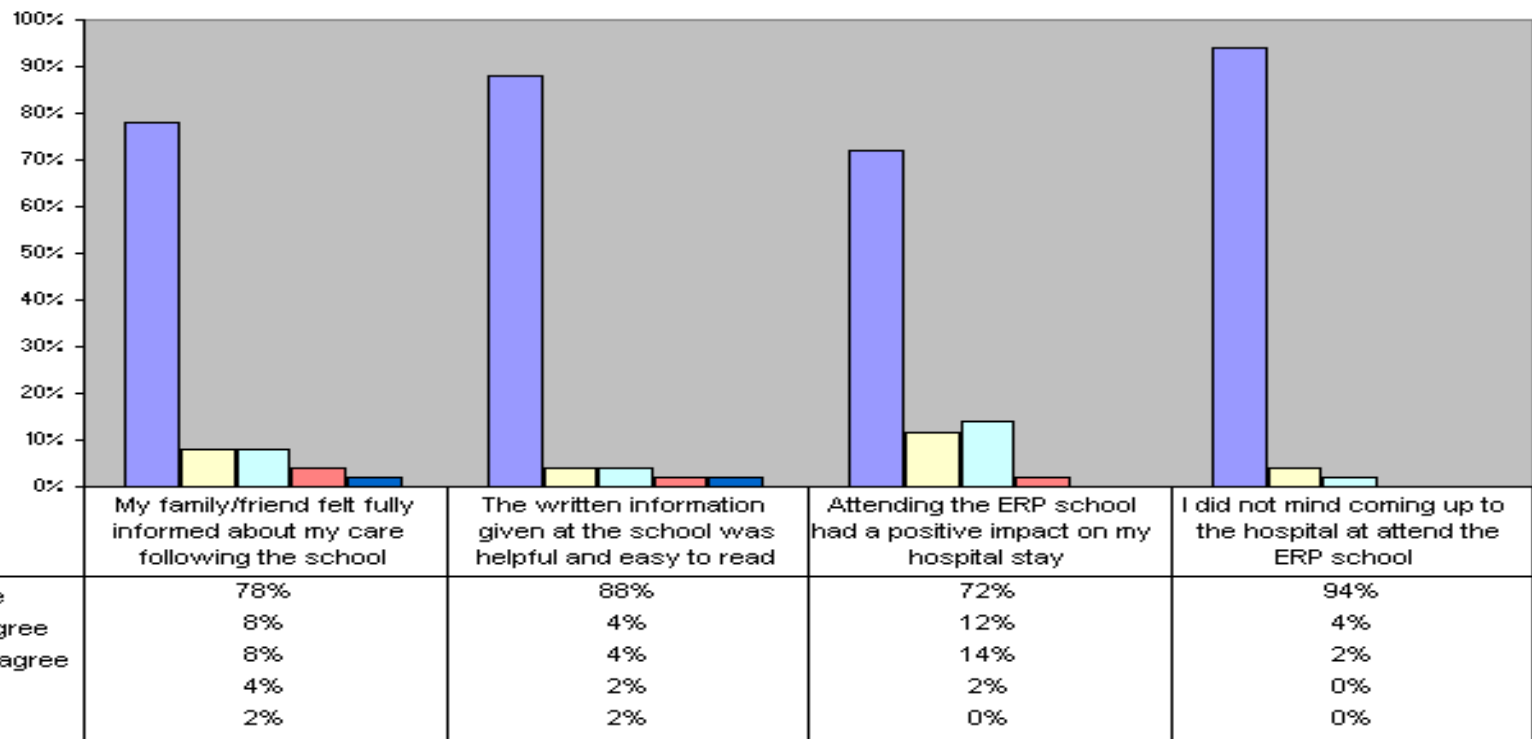
113 Questionnaires sent, 51 responses (45% response rate)

ERIG Questionnaire



Results

ERIG Questionnaire



Conclusion



NHS
Colorectal Surgery
Perioperative Programme

Royal Berkshire **NHS**
NHS Foundation Trust

Colorectal surgery: Patient diary

Helping patients get better
sooner after surgery