



Stepping Stones to Recovery - a Patient Perspective

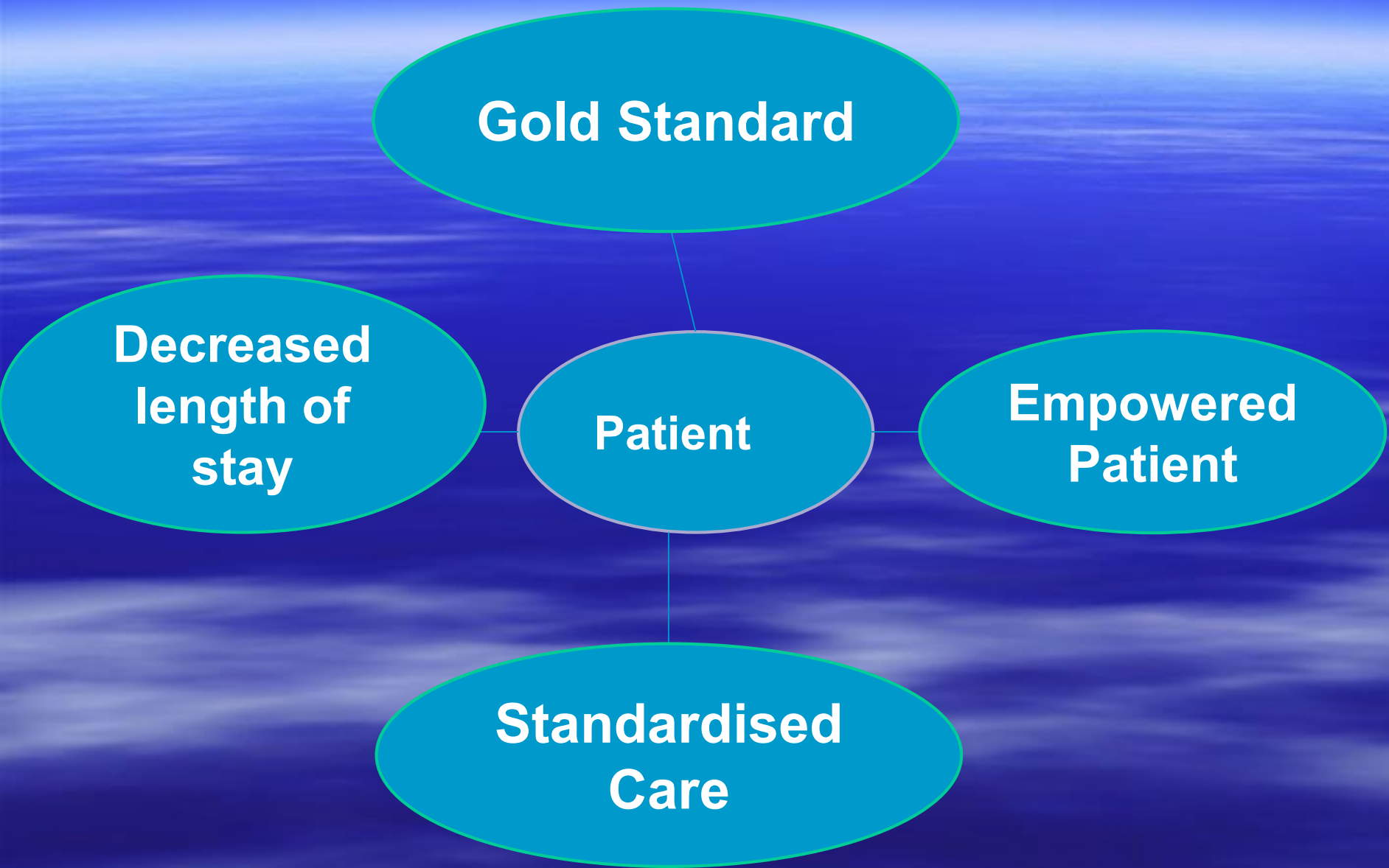
Nuala Spruce - Ward Sister



Introduction

- WHY
- HOW
- SO WHAT?

WHY Enhanced Recovery?



HOW?

**Discharge
Planning**

**Ward
Sister**

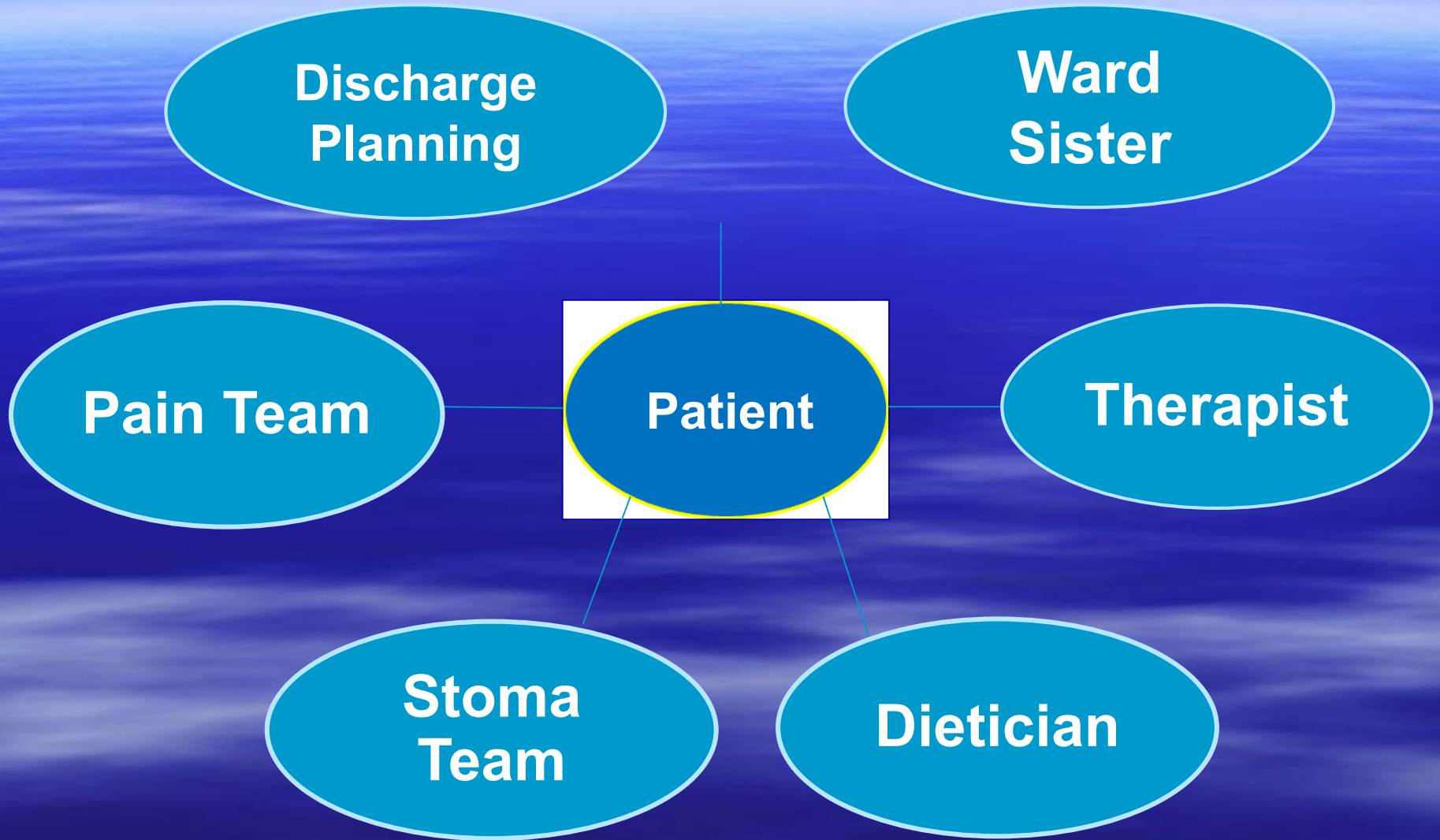
Pain Team

Patient

Therapist

**Stoma
Team**

Dietician



So What?

“Expectations Gained”

“Anxiety Reduced”

“Clear and thorough information given”

“Felt part of the team”

Empowered Patient

“Meet and Greet”

“Reassurance”

“Treatment Plan ‘Tailor Made”

Summary

- Stepping Stones to recovery is a clear and concise way of describing our patients journey through the surgical pathway. By following these stepping stones the patients are
 - Informed
 - Educated
 - Involved
 - Empowered

- Thank You

- Any Questions?